

Problem bingo

How problematic are you?



Fake Friends



Jealous



Can't stop saying "like"



Can't stay still



Eats too much



Always depressed



Gets bullied



Not open to change



Picky



Can't stop getting sick



Anxiety



Chews/ bites nails

Free space



Lonely



Has nightmares



ADHD



Eats too little



Has a depressing playlist



Couch potato



Has insomnia



Wishes you were someone else



Obsesses over random things



Gender dysphoria



Uses self h@rm



Pick me

